Behavioral Risk Factor Surveillance System (BRFSS) Update of Selected Healthy Vermonters 2010 objectives, by district office

Generally, data are for 2008-2010 or 2006-2010, depending on the sample size. If measure not asked in each year, data are for the three most recent years the measure was assessed. The right-most column, "Years Used", indicates the specific years the item was collected.

Values of "NA" means data not available due to small sample size (e.g. fewer than five respondents in the numerator and/or less than 50 in the denominator).

Items highlighted in blue are significantly different from the value for Vermont, over the corresponding number of years. If the county value is for the years 2008-2010, each county was then compared to the Vermont value for that same time period.

All values are age adjusted to the year 2000 standard population, unless otherwise noted.

| | | | | _ | _ | | | | ury | | | | | | |
|------------------------------------------------------|------|---------|------------|------------|-------------|---------|-------------|---------|---------------|-------|-------------|--------|------------|-------------|---------------------|
| | | ont * | Burlington | Bennington | White River | pu | Springfield | oort | St. Johnsbury | | Brattleboro | Albans | Middlebury | Morrisville | |
| | Goal | Vermont | Burli | Benn | White | Rutland | Sprin | Newport | St. Jo | Barre | Bratt | St. A | Midd | Morri | Years Used |
| Access to Quality Health Services | | | | | | | | | | | | | | | |
| Health Insurance Coverage | 100% | 88 | 93 | 88 | 84 | 88 | 84 | 86 | 85 | 89 | 89 | 90 | 86 | 84 | 2008-2010 |
| Specific Source of Ongoing Primary Care | 96% | 88 | 89 | 90 | 86 | 88 | 86 | 85 | 88 | 89 | 85 | 90 | 88 | 84 | 2008-2010 |
| Arthritis, Osteoporosis, and Chronic Back Conditions | | | | | | | | | | | | | | | |
| Limitation in Activities Due to Arthritis** | 21% | 45 | 35 | 43 | 29 | 37 | 34 | 48 | 36 | 26 | 35 | 43 | 34 | 49 | 2005, 2007, 2009 |
| Cancer | | | | | | | | | | | | | | | |
| Pap Smear, Within Past 3 Years | 90% | 81 | 83 | 85 | 80 | 82 | 80 | 81 | 80 | 87 | 78 | 81 | 77 | 78 | 2006, 2008, 2010 |
| Fecal Occult Blood Test | 50% | 46 | 47 | 51 | 49 | 36 | 47 | 51 | 53 | 37 | 50 | 45 | 51 | 45 | |
| Ever Had Sigmoidoscopy or Colonoscopy | 50% | 71 | 77 | 72 | 69 | 68 | 68 | 64 | 63 | 76 | 68 | 72 | 70 | 72 | 2007-2008, 2010 |
| Mammogram, Within Past Two Years | 70% | 79 | 80 | 82 | 80 | 77 | 75 | 73 | 83 | 82 | 79 | 77 | 77 | 74 | 2006, 2008, 2010 |
| Persons with Diabetes | | | | | | | | | | | | | | | |
| Prevalence of Diabetes | 3% | 6 | 5 | 7 | 5 | 6 | 7 | 6 | 7 | 7 | 5 | 7 | 6 | 6 | 2006-2010 |
| Diabetes Education | 60% | 56 | 34 | 76 | 55 | 60 | 43 | 52 | 47 | 56 | 43 | 50 | 71 | 49 | 2006-2010 |
| Diabetes A1C Test Twice a Year | 80% | 71 | 70 | 83 | 68 | 80 | 86 | 70 | 79 | 69 | 64 | 74 | 86 | 56 | 2006-2010 |
| Diabetes & Annual Eye Exams | 75% | 65 | 57 | 70 | 82 | 65 | 58 | 57 | 58 | 66 | 68 | 56 | 64 | 59 | 2006-2010 |
| Diabetes & Annual Foot Exams | 80% | 81 | 69 | 87 | 87 | 84 | 85 | 73 | 80 | 87 | 76 | 72 | 91 | 59 | 2006-2010 |
| Diabetes & Daily Glucose Test | Set | 68 | 64 | 75 | 71 | 61 | 69 | 72 | 60 | 73 | 70 | 68 | 52 | 57 | 2006-2010 |

| | Goal | Vermont* | Burlington | Bennington | White River | Rutland | Springfield | Newport | St. Johnsbury | Barre | Brattleboro | St. Albans | Middlebury | Morrisville | Years Used |
|--------------------------------------------|----------------|----------|------------|------------|-------------|---------|-------------|---------|---------------|-------|-------------|------------|------------|-------------|--------------------------|
| Disability and Secondary Conditions | | | | | | | | | | | | | | | |
| Disabled & Sufficient Emotional Support | 79% | 70 | 75 | 63 | 68 | 67 | 72 | 69 | 67 | 69 | 79 | 76 | 72 | 66 | 2008-2010 |
| Heart Disease and Stroke | | | | | | | | | | | | | | | |
| Cholesterol Screening | 80% | 75 | 76 | 76 | 72 | 75 | 75 | 72 | 71 | 77 | 73 | 78 | 73 | 72 | 2005, 2007, 2009 |
| Immunizations and Infections Diseases | | | | | | | | | | | | | | | |
| Influenza Immunization in Last 12 Months | 90% | 72 | 75 | 79 | 75 | 68 | 74 | 68 | 74 | 75 | 72 | 68 | 73 | 67 | 2008-2010 |
| Ever had Pneumonia Vaccine | 90% | 72 | 74 | 79 | 69 | 72 | 71 | 73 | 72 | 74 | 71 | 68 | 67 | 73 | 2008-2010 |
| Injury and Violence Prevention | | | | | | | | | | | | | | | |
| Always Use Safety Belts While Driving | 92% | 82 | 87 | 84 | 83 | 80 | 78 | 72 | 77 | 81 | 83 | 78 | 84 | 80 | 2007-2008, 2010 |
| Maternal, Infant, & Child Health | | | | | | | | | | | | | | | |
| Folic Acid*** [#] | 80% | 40 | 45 | 41 | 43 | 27 | 36 | 34 | 40 | 45 | 38 | 48 | 34 | 44 | 2006, 2008- 2009 |
| Nutrition and Overweight | 152 | | | | | | - | | | | | | 0.4 | | 2222 2242 |
| Obesity | 15% | 24 | 20 | 23 | 24 | 27 | 28 | 31 | 25 | 24 | 21 | 28 | 24 | 23 | 2008-2010 2005, 2007, |
| Nutrition - 2 or more Fruits per Day | 75% | 39 | 41 | 38 | 42 | 37 | 37 | 35 | 36 | 37 | 41 | 35 | 43 | 39 | 2009 |
| 3 or More Vegetables per Day | 50% | 30 | 34 | 31 | 34 | 30 | 30 | 29 | 29 | 31 | 34 | 26 | 33 | 32 | 2005, 2007, 2009 |
| 5 A Day Fruits and Vegetables [#] | No Goal Set | 29 | 32 | 31 | 32 | 28 | 29 | 29 | 29 | 29 | 33 | 25 | 32 | 32 | 2005, 2007, 2009 |
| Oral Health | | | | | | | | | | | | | | | |
| No Permanent Teeth Extracted | 42% | 58 | 66 | 54 | 57 | 54 | 54 | 51 | 53 | 58 | 57 | 56 | 59 | 54 | 2006, 2008, 2010 |
| Extraction of All Natural Teeth | 20% | 19 | 13 | 14 | 16 | 16 | 20 | 31 | 25 | 23 | 15 | 27 | 17 | 22 | 2006, 2008, 2010 |
| Physical Activity and Fitness | | | | | | | | | | | | | | | |
| No Leisure Time Physical Activity | 20% | 19 | 14 | 19 | 18 | 22 | 23 | 27 | 21 | 17 | 15 | 21 | 18 | 19 | 2008-2010 |
| Regular, Moderate Physical Activity | 50% | 59 | 57 | 59 | 61 | 55 | 59 | 56 | 59 | 60 | 60 | 55 | 59 | 58 | 2005, 2007, 2009 |
| Regular, Vigorous Physical Activity | 30% | 35 | 36 | 33 | 37 | 32 | 32 | 33 | 33 | 38 | 36 | 31 | 36 | 36 | 2005, 2007, 2009 |

| | Goal | Vermont* | Burlington | Bennington | White River | Rutland | Springfield | Newport | St. Johnsbury | Barre | Brattleboro | St. Albans | Middlebury | Morrisville | Years Used |
|--------------------------------------------------|------|----------|------------|------------|-------------|---------|-------------|---------|---------------|-------|-------------|------------|------------|-------------|------------|
| Substance Abuse | | | | | | | | | | | | | | | |
| Binge Drinking, During the Past Month | 6% | 18 | 19 | 17 | 18 | 16 | 23 | 17 | 16 | 20 | 17 | 19 | 19 | 16 | 2008-2010 |
| Tobacco Use | | | | | | | | | | | | | | | |
| Cigarette Smoking | 12% | 17 | 11 | 22 | 16 | 20 | 22 | 21 | 19 | 17 | 17 | 19 | 12 | 19 | 2008-2010 |
| Smoking Cessation Attempts (All Current Smokers) | 75% | 62 | 57 | 59 | 62 | 69 | 62 | 58 | 54 | 59 | 56 | 58 | 64 | 62 | 2008-2010 |

^{*}Vermont data are for 2010 except for values related cholesterol screening, arthritis, maternal, infant and children's health, nutrition and physical activity. These are for 2009.

^{**}Data are different than in years past. The population asked the question in 2009 was different than in years past.

^{***}Data are different than in years past. The algorithm used to calculate the proportion of 18-44 women who take Folic acid regularly was adjusted.

^{*}Crude rate; not age adjusted